

The Lake Saint-François National Wildlife Area was first established in 1978 by Environment and Climate Change Canada's (ECCC) Canadian Wildlife Service in order to protect a network of marshes and swamps unique in Quebec. These environments are home to a diverse flora and fauna and rare species.



Photo credit: Chantal Lepire

The protected area can be discovered by walking. When you go hiking, you are bound to leave traces of your presence in nature. However, it is possible to lessen your impact.

Hiker's code of conduct

- Stay on the marked trails.
- Do not take anything from the wild.
- Bring back all your waste, even biodegradable waste.
- Do not feed the animals.
- Observe wildlife from a distance.
- Respect the peace and tranquility of the area.

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Environment and
Climate Change Canada

Environnement et
Changement climatique Canada

**LES AMIS DE LA RÉSERVE NATIONALE DE FAUNE
DU LAC-SAINT-FRANÇOIS**

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Photo credit: Chantal Lepire

1 Marais Fraser Area

Information centre (Visitor centre)

Trails

L'Accueil, La Tour, La Mise à l'Eau

The chirping of birds and the singing of frogs will enhance your journey along these beautiful trails. From the top of the observation tower, you will have a view of the area and the platforms specially installed for the Osprey. The stilt walkway of the La Mise à l'Eau trail will take you to the heart of the marsh and its small world full of discoveries.

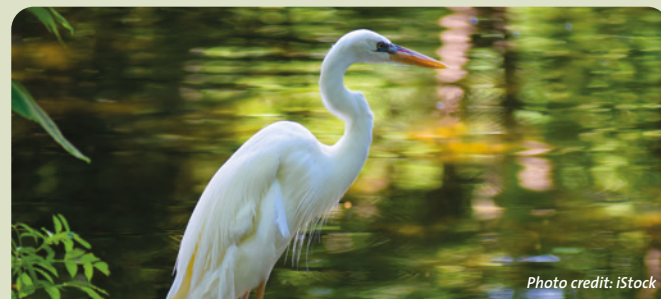


Photo credit: iStock

3 Digue aux Aigrettes Area

Located 1.3 km from the Information centre (Visitor centre)

Trail

La Digue aux Aigrettes

This trail runs along an exceptional landscaped marsh. It serves as a breeding ground and hatchery for numerous wildlife species. Waterfowl, turtles, wading birds including the Sandhill Crane and the Great Egret, and many others, will amaze you!



Photo credit: Stéphane Leclerc

2 Trille Penché Area

Located 0.8 km from the Information centre (Visitor centre)

Trail

Le Trille Penché

This easy-to-hike undergrowth trail passes through a forest of white cedars leading you to a spectacular old basswood tree. Early in the spring, the nodding trillium creates a magnificent carpet on the ground. A well-kept secret!



Photo credit: iStock

4 Piasetski Area

Located 3 km from the Information centre (Visitor centre)

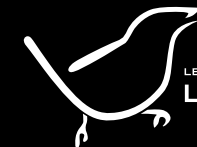
Trails

L'Érablière, Le Caryer, Piasetski

A large part of this area is made up of dry areas and a diverse flora, including the sugar maple-hickory forest. Each trail offers you a singular scenery where many plant and animal species live. In the more humid section, you will be able to admire the famous poison sumac (poisonous) and the skunk cabbage. A trail to discover!



Photo : Chantal Lepire



LES AMIS DE LA RÉSERVE NATIONALE DE FAUNE DU
LAC-SAINT-FRANÇOIS

Lake Saint-François
National Wildlife Area

Map of
walking
trails



Source:

Environment and Climate Change Canada

Environnement et Changement climatique Canada



1 Marais Fraser Area

Trails

- 1 L'Accueil - 0.4 km round trip
- 2 La Tour - 0.8 km round trip
- 3 La Mise à l'Eau - 1.3 km round trip

2 Trille Penché Area

Trail

- 1 Le Trille Penché - 0.5 km round trip

3 Digue aux Aigrettes Area

Trail

- 1 La Digue aux Aigrettes - 3.9 km round trip

4 Piasetski Area

Trails

- 1 L'Érablière - 1.3 km round trip
- 2 Le Caryer - 1.7 km round trip
- 3 Piasetski - 2.7 km round trip